

Professional Disclosure Statement

Jennifer Brosenitsch, Licensed Professional Counselor

Welcome! I am pleased to work with you and provide counseling services that incorporate learning, hope, and empowerment. This form is designed to inform you about my approach and qualifications and of what you can expect from counseling.

Education and Credentialing

- I became a Licensed Professional Counselor in December 2015 (License # PC008606)
- I am a Licensed Behavioral Specialist (License # BH000672)
- I am a Certified Trauma-Focused CBT Therapist for children.
- I received a Master of Arts in Counseling at Geneva College in 2011
- I received a BA in Psychology from Millersville University in Lancaster, PA in 2009

Relevant Experience

- Outpatient and Mobile Therapist and Behavior Specialist Consultant at Vocational and Psychological Services from 2014 to 2018.
- Family Mobile Therapist at Turtle Creek Valley in Pittsburgh.
- Outpatient Therapist at Christian Counselors Collaborative from 2011-2014.
- Intern at the Christian Counseling Collaborative from fall of 2010 to spring 2011.
- Intern at Passavant Memorial Homes (long-term residential program) in 2011.
- Intern of Dr. Jeffrey Hamilton, LCSW, DMin, at Lancaster Pastoral Counseling and Edu. in 2008.

My approach to individual and family counseling.

- Part of my approach includes Cognitive-Behavioral Theory in which we will work as a team to identify how your thoughts and beliefs influence your feelings and behavior.
- I use a strength-based approach, meaning that I will focus on your goals, strengths, and priorities.
- I am also a person who holds Christian beliefs. I will value your life's experiences, without judgment, and work to integrate your values and hopes in the counseling experience and outcome. I will respect your wishes as to whether or not you want to integrate your own spirituality into your counseling.

Ethical Responsibilities

- My primary responsibility is to respect your dignity and promote your welfare.
- I have committed to upholding the ACA ethical standards.
- Confidentiality- your information is confidential, within the limits of the law (See HIPAA packet).
- Self-determination- You have the right to determine what you want to focus on in counseling, and how and how long you want to be involved in counseling.
- Informed consent- You have a right to be informed about every aspect of the counseling process and to offer consent.
- Competence- you can be assured that I will only participate as your counselor if I have the skills that qualify me to do so; otherwise, I will refer you to another therapist.
- Cultural sensitivity- It is my goal to be honoring and sensitive to everyone, and you have a right to be treated with sensitivity appropriate to your cultural background.

Counseling sessions are generally about an hour long, once a week, unless other arrangements are made.

We will jointly create a treatment plan that includes your goals you want to gain from counseling. We will review and update it every six months or when therapeutically necessary so that your progress and your specific needs are at the forefront.

Client Name: _____ Date of Birth: _____

Client Signature: _____ Date: _____

Parent/Guardian Signature: _____ Date: _____